# **TRAUMA CHATTER**



AUGUST | 2024

## NATIONAL SUICIDE PREVENTION MONTH

The Journal of the American Medical Association (JAMA) published a study in September of 2023 that looked into the mental health crisis among healthcare workers. This study noted that **healthcare workers have a 32%** elevated risk of suicide. As healthcare workers selflessly care for those in need each day, it is time for us to take action and start caring for ourselves and each other. I challenge you to take a moment of your time each shift to ask a co-worker how they are doing - whether a doctor, nurse, or tech. This tiny question, could truly make a difference in someone's life.



It's okay to talk about suicide. CALL OR TEXT 988



SCAN QR CODE FOR MORE INFORMATION



Attendees had an opportunity to practice hemorrhage control techniques while under a collapsed floor with Erlanger Trauma Services, Life Force, & Chattanooga Fire Department.

It was great to be back in person at Erlanger's Trauma and Surgical Critical Care Symposium! Participants had an opportunity to learn and engage with subject matter specialists, explore the human body in the cadaver lab, and practice lifesaving hands-on skills with life like simulation aides. We are looking forward to next year's event and hope to see you there!

#### UPCOMING EVENTS

- ATCN/ATLS: Oct 17-18
- TNCC: Nov 7-8 Dec 4-5

QUESTIONS? Email us at trauma.services@erlanger.org

### **Congratulations!**

Our very own, Jessica Holladay, was nominated for the 2024 TCAA Award of Distinction for Outstanding Leadership. She was recently recognized at the TCAA Conference in Nashville for being one of four nominated across the country.



Jessica Holladay, BSN, RN, TCRN, CEN (forever a Red Shirt) VP & ACNO Surgical and Trauma Services

We are so proud of you and the leader you have become!





## MINI-BURN **EDUCATION SESSIONS**

SEPTEMBER 25, 26, & 27

Drop in for a 2 hour burn education session! There are 9 opportunities to choose from. Content covered will include: Fluid resuscitation, initial management, transfer guidelines, and more!

